## Specialists In Reproductive Medicine & Surgery, P.A.

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**Excellence, Experience & Ethics** 



## **Therapeutic Donor Insemination**

## **Patient Checklist**

## **Trying to Make This Less Complicated!**

In an attempt to make this a bit less complicated, we recommend the following:

Read your packet at least twice!
Your history and physical exam must be up-to-date with SRMS.
Make certain your laboratory testing and other procedures are completed to be certain that you are a candidate for donor sperm.
If you have a partner, please also obtain the necessary laboratory testing.
Visit the <u>Fairfax Cryobank</u> web site ( <u>http://www.fairfaxcryobank.com/index.cfm</u> ) for additional information.
Sign all consents!
Choose your top five sperm donors and notify SRMS of your choices in order of desire.
Pre-payment is required for all donor sperm prior to ordering the sperm from Fairfax.
Notify SRMS when you start your menstrual period so that they can make certain that your donor sperm has arrived. If you are taking additional medications for the TDI/IUI process, make sure these are purchased ahead of time.
Unless it is a covered service, pre-payment for the TDI/IUI procedure itself is required without exception. It is your responsibility to find out if it is a covered service. It will be assumed to be uncovered unless your insurance company otherwise notifies us.
Purchase the urine test kits. These kits are only available at specific pharmacies.
Start testing your urine for the LH surge. Notify SRMS when this occurs.
Make sure that the General & Monthly Consent Form is signed for each month you undergo the TDI procedure.

Good luck!

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